Signs of Our Era
(DIARY LEAVES)
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PALGHAT
THE Institute of Psychosynthesis in Rome under the directorship of Dr. Robert Assagioli; several Institutes of Parapsychologie in Germany; Metapsychical Institutes in France; Courses of Psychology at the Duke University in New Carolina conducted by Prof. Rhine; The Neurological Institute in Russia, and the Physiological Institute in the name of Pavlov; Courses in Psychology held by Professor Jung in Zurich; The Eranos Institute in Askona in Switzerland; The Institute for Research in Evolutionary Biology in London; interesting researches of the Lister Institute in England; experiments of the Icelandic, Professor Kohlman, in thought-photography; a special chair for Psychic Research at the University in Stockholm and the innumerable Societies for Psychic Research spread throughout the world. One can quote endlessly such and similar hearths of living thought, which strive towards expansion of new limits in science. If even these wonderful achievements are as yet not united and are often under the pressure of hypocrisy and conventionality, still every unprejudiced observer can convince himself that lately, as true signs of our epoch, the paths of liberated science are victoriously widened.

In the ocean of printed matter, it is difficult to summarize qualitatively and quantitatively the entire scope of what takes place. Besides not all ways of communications are accessible to the self-sacrificing worker, who in most cases does not possess wealth and riches. For usually means are subsidised only in case of obviously utilitarian experiments. Similarly in the Middle Ages it was easier to find means for experiments in transmutation of baser metals into gold; and now the great leading might of thought is hardly ever appreciated by the narrow utilitarian and mechanical consciousness.
Of course, all sorts of conventions, congresses and correspondence serve the purpose, but in these casual contacts there is much unsaid and misunderstood, and thus contemplated deductions are again delayed. Yet one thing is clear—that the so-called spiritualisation of science is gradually introduced everywhere. The hysterical shoutings of ignoramusses and all those who harbour evil intentions remain isolated in their destructive hatefulness. It is true, these thundering attacks of ignorance are still deafening but public opinion, however, expresses a persistent desire to combat ignorance. In encyclopedias one can find instructive examples how recently severely criticised researches of daring pioneers are now already evaluated more cautiously. Thus all devotees of knowledge, being ready to combat ignorance, can compile encouraging records of what has been attained recently.

Yet to fight ignorance is imperative and undeferrable. No one should lull himself in the erroneous idea that there is already sufficient knowledge. In infinity cognizance never suffices. The more efforts there will be towards realization of knowledge the madder and uglier will be the convulsions of ignorance. Was not Paracelsus, so highly venerated to-day, killed by enviers, who hated his attainments? Even we witnessed how the great Mendeleyeff was not elected to the Academy of Science, and yet he established the table of periodicity of atoms. There are further numerous examples when achievements are appreciated far away from the birth-place of the discoverer. One remembers the significant words of Rabindranath Tagore after the bestowal of the Nobel prize. The great poet and thinker said to a delegation, which had come to congratulate him: “Why do you congratulate me to-day and not before?”

In the saving box of life one can find many examples, which are quite out of place and which in the future should not be repeated. The organized combat of ignorance, the self-sacrificing crusade for Culture, the defence of science against all destructive attempts should become the significant
seal of our age. The beautiful might of thought! The realization of psychic energy.

Let us meet cordially every scientific movement. Let us find strength to liberate ourselves from personal habits and superstitions. Let us not think that it is easy to conquer atavism, for the physical stratae carry in themselves the prejudices of many ages. But if we shall firmly realize the burden of such sediments, then already one of the most difficult locks will be opened. Later we shall also unlock the next, when we shall understand why we have to apply in the earthly world full action. Only in this way shall we reach the third entrance, where we shall understand the treasure of the basic energy entrusted to mankind. He who will teach to acknowledge it will be the true teacher. Man does not reach realisation of his might without a teacher. There are various traps on the path of man. Every hidden or manifested asp hopes to conceal from man the most precious. He as a lost traveller does not know in what element to search for progress, but the treasure is within himself. The wisdom of all ages ordains “know thyself”. This advice turns the attention to the most sacred, which is predestined to manifest itself. The fiery might, temporarily called psychic energy, will give man the path to his future happiness. We cannot hope that humanity will easily cognize its own heritage; they will invent all convictions to defile every discovery of the energy. They will pass in silence over the predestined quality of their advance, but yet, the path is one.

We shall never deny that we watch with the greatest enthusiasm the attainments of science. Be this in the Society of Psychic Research, or in the cause of thought transference in the Duke University or in the case of the remarkable girl from Delhi, or in the matter of photography of the invisible world—absolutely to all scientific experiments every cultural person should be well-willingly open. The diary leaves “Combating Ignorance” give, as it were, a reply to uncultural conspiracies. The aims of the Society of Psychic Research, as well as of Spiritualism in its highest form, and also all experiments concerning psychic
energy should be met with welcome open-mindedness and thorough scientific control.

Only ignoramusses are not aware how many most useful institutions and University courses for investigation of psychic phenomena have been started in many countries lately. Only ignoramusses do not want to know how many scientific books have been published in this connection by such eminent scientists, as for example, Dr. Alexis Carrel's "Man, The Unknown", etc. Thus let every uncultural attack upon science meet with a definite well-founded resistance; may the silly militant ignoramusses remain in their own hole, as they deserve.

We shall always remain well-wishers towards all sincere seekers and pioneers. The Theosophist, psychic researchers, spiritualists, physiologists to whatever camp they may belong, are true pioneers of the science of the future. Subtle manifestations, the power of thought, as the basis of human creativeness and progress will find a deserved place of honour amidst the attainments of evolution. "Study all surroundings". "Cognise untiringly!" "The Heart is infinite". "Winged is thought."

From the depths of the ages come many encouraging calls. The human cooperator receives support from all strongholds of the ancient and new knowledge. The study of the progression of collective energy can prove that unity is not only a moral concept but a mighty psychic moving power. When we reiterate about unity, we wish to suggest the cognizance of the great force which is at the disposal of every human being. It is impossible for an inexperienced research-worker to imagine how collective energy increases. One should prepare the consciousness for such a manifestation. The success of the experiment depends on the striving of all participants. If even a single person does not wish to co-operate wholeheartedly then it is better not even to commence the experiment. The power of united force was known already in antiquity. Solitary observers sometimes united for joint research with the result that whole chain was obtained and the observers placed their hands on the shoulder of the predecessors. One could
witness the most extraordinary fluctuation of energy; when the striving was uniform the tensification of energy was enormous. Thus when I speak of unity I have in view a real force. May all those who should know it, remember this.

Psychic energy in antiquity was sometimes called the air of the heart. This was meant to indicate that the heart lives by psychic energy. Truly, as man cannot live long without air, so does the heart cease to live without psychic energy. Many ancient definitions should be benevolently reconsidered. People long ago understood a manifestation which now has been neglected.

The magnitization of water, placed near a sleeping person, is already proof of emanation of his radiations and of deposit of energy on objects. One should carefully study such deposits, for they can remind of the duty of man to saturate the surroundings with beautiful sediments. Every sleep is not only a study for the subtle body, but also a nursery for psychic accumulations.

Experiments with the expansion of depository forces are also most instructive. One can notice that energy evaporates in different degrees. Some powerful radiations can last decidedly longer when they are sent by pure thinking. Hence pure thinking is also not only a moral concept, but the real multiplication of power. The ability to conceive the true meaning of moral concepts pertains to the domain of science. One cannot light-mindedly divide science into materialistic and spiritual—there is no borderline.

One should conduct observations not only of concordant manifestations, but also of disuniting ones. An experiment is valuable when manifold. One cannot at the beginning of an experiment preclude what ingredients shall be needed for the intensification of the reaction. One can enlist the cooperation of most unexpected objects, for the faculties of subtle energies cannot be limited. Such an infinity of possibilities does not interfere with the scientific methods of research. One can apply individual methods and accept such new manifestations courageously. No one can indicate
where human power is at an end. And precisely not a superman, but every healthy person can become winged by happy achievements. In every household psychic energy can be studied. No special expensive laboratories are needed to educate the consciousness. Every age brings its own message to humanity. Psychic energy has the aim to help humanity amidst its unsolvable problems.

Know how to study patiently what conditions are most favourable for the experiment. There may be cosmic conditions or bright colour schemes or experiments with minerals or observations of animal life. One can observe how the presence of a person in an adjoining room reacts upon the current of energy. Man does not realize in what mood he is at a given moment. One may see that man will affirm his best mood, but the apparatus will show irritation or other bad feelings. Man will not hide his inner feelings because of a desire to lie, but more often because he is incapable of defining his perceptions.

Besides the investigation of psychic energy with regard to colour, test is also on sound and fragrance. One can obtain convincing effects of music; note the distance and the musical harmonies themselves. Much is spoken about the influence of music upon people, but practical experiments are seldom conducted. One may study the influence of music upon the mood of a person, but this is commonplace. Of course, it is presumed that gay music imbues with joy, and sad music with sorrow, but such conclusions are not sufficient. One should ascertain what harmonies are the nearest to the psychic energy of man. What symphony can most powerfully induce rest or inspiration in man? One must try out various musical compositions. The very quality of harmonisation will give best indications about the path of sound in human life. Similarly one should investigate the influence of fragrances. One should keep close aromatic flowers and various ingredients which can excite or decrease psychic energy. And finally one can unite colour, sound and fragrance and study the co-operation of these three moving forces.
People will, after all, understand what mighty influences surround them. They will understand that the entire routine of their life manifests a great influence upon their fate. People will learn to pay more attention to every object. They will surround themselves by true friends and will escape destructive influences. Thus the salutary energy will help in the reorganization of life.

Usually least attention is given to the most important. But we shall not be tired to reiterate what is most needed for humanity. Amidst such seeming repetitions we shall affirm the desire for knowledge. People have become accustomed that somebody else thinks for them and that it is the duty of the world to look after them. But everyone should bring his own co-operation. The ability to apply one's psychic energy will gradually educate the consciousness.

In the family, in schools, in public life there will be affirmed the cognizance of subtle energies. The art of thinking in all its beauty will again become the beloved sport—the true wings of humanity.