Everyday Psychology
AND
INSPIRATION

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A Gold Mine in your Head
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Ruth St. Denis’ Call to Rhythm
I was Kicked Up-stairs by My Enemies
The Meaning of Unity

November
25 cents
In Asia, for ages and ages, they have spoken about this same beautiful energy. In the Vedas vital precepts are given.

In the time of the Buddha, they knew about the iron birds which would serve humanity. They knew from the most ancient times about iron serpents, also for the sake of humanity. So, you see how, for ages, real knowledge was being given out, but in another language, or with other symbols, for if you will regard our misconceptions in full honesty, we can have a multitude of very useful facts.

But the problem is how to approach facts honestly.

“We have to take science as science, without any prejudice or superstition.” At the same time, not infrequently, the scientists themselves fail to regard facts in the true light of honesty. We shall take these facts through ourselves—through our own understanding, and sometimes we will find ourselves more superstitious than some of the people in the desert. When we have such scientists as Einstein, as Millikan, as Riemann, we feel that our coming evolution is in good hands.

It is not a great joy to see how an eminent scientist speaks in so broad a way! In him there is no superstition. And he is experiencing this same state of the Beautiful, because every scientist, in the moment of discovery, is the same as the artist, because he is in the same creative spirit of the Beautiful. Sometimes you can ask a discoverer how his discovery was made—what happened in the moment of discovery. And if the man is honest, he will tell you that something happened at that moment. It was not an accident. At that moment, he touched the Supreme—the highest Cross of Eternity.

Some “big business men” are also artists, and it is very difficult for them to receive understanding from a big man, because his consciousness is already expanded and if you are speaking to him about something difficult, he will be altogether sure to understand everything, and from his understanding emanates his tolerance. Please remember this quality—tolerance. You will need it. So many things have been broken through ignorance.

Intolerance is ignorance.

Sometimes we think we are tired. But we are not tired. We are only using the same nervous centre too long. If we are tired, it does not mean that we need relaxation to get back to sleep. We should only change our work—change the centre, and in this change of different nervous centres you will become rested.

Remember, the chief poison is the poison of irritation and anger, and this is a most powerful poison. For, with every irritation, we physically create in our nervous system some emaciation.

Our best scientists and physicians know that something physical is created through irritation. In Asia, they will tell you about this crystal of anger. How can we be happy if we know that through our anger we are creating poisons? The remedy is, not to be irritated—not to be angry. If you remember always that anger is something hideous, then it is not so difficult not to be irritated. If you know someone comes to irritate you, you must encounter him with a smile. And when you know that, you are already strong.

I should not like to feel that any of you today think I am speaking of something abstract, or occult, or something mystical.

What is “mystical?”

Something from mist. But we have nothing to do with mist nor clouds—only with facts and lights. And with facts we can enlighten our life.

We are speaking about the Beautiful because when you will realize this scientific energy, the greatest power which is in each of you—then you shall release this energy, and energy will grow.

Very often people ask how to release this energy. This is our property. One time a young gentleman asked how to release this energy, and I asked them—Each of you, please tell me something unusual about your life.” They all became silent. There was nothing unusual to tell! “Our lives are routine.” “I am working in a bank.” “I am working in a factory.” But is it not strange that a President of the great philosophers was a shoe-maker? And one was a carpenter! Certainly this routine of our life is our slavery. That is a new word meaning the using of the energy, the process of learning how to use the energy.

When we maintain the quality of our work, we begin to be successful. He is the highest artist, who can attain the quality of art in work. We can even wash the floors spiritually. For then some one will see remarked it saying: “This man is doing this work in such a beautiful way, that he is not in his place. Something has changed. The quality of our work, when we refine the quality of our work, another thing happens—we have the joy of work.

The greatest mistake is that people often work in expectation of a rest, for a holiday; but when we

(Continued on page 48)

In INSPIRATION.

The Beautiful Victory

By NICHOLAS ROERICH

Nicholas Roerich is recognized everywhere as one of the world’s leaders in the fields of art, philosophy, archeology—and, in the broadest sense, the humanities. The “Roerich Pact,” under which nations pledge themselves to protect cultural treasures in case of war, has received the official attention of thirty-five nations. President Roosevelt has designated Secretary Wallace to sign the Pact for the United States, in agreement with the Inter-American treaty. The accompanying article is an indication of Professor Roerich’s high message to mankind.

In India I was once asked what is the difference between East and West, and I answered: “The best roses of East and West have the same fragrance. So, while we are speaking about operation and differences, essentially we have the great “One,” because really all law is One, and under this law, everything is One. We have only to serve this One and if we are unable to do so—we may say Maeva culpa—for we are guilty of having failed to follow the law.

Very often we are trying to discover how to build the next life—how to build the next evolution. Well, that is our duty. And all will very soon wish to build up our own lives, and certainly you will wish to build up a happy life.

What is the best medium to reach this happiness? Only through the Beautiful. We are divided in so many experiences, and yet in everyone is this same feeling of the Beautiful. You note that I am emphasizing the Beautiful, not beauty, because I am speaking not only about art, or about some expression of art, music, drama, song, but I am speaking about the sense of the Beautiful, and it is our duty to introduce in our lives this general sense of this great conception.

Perhaps someone could ask me: “Well, it is very good to have such a dream—to make life somehow beautiful. We often think that the Beautiful is only for those who are rich; and he who must work—how can he dream about the Beautiful?”

In various countries, we have seen many collectors and real workers in art, and some of them have been very poor. They have had the rising class, and still this sense of the Beautiful was so strong in them that, even with their modest means, they found it possible to approach the Beautiful.

THE chief thing is to have this inner sense of the Beautiful. Because not everyone has the medium in art, but practically everyone has thought and very often our creation in the realm of thought is far greater than its reflection in some medium of art.

I am emphasizing this because very often people come to me saying over and over the same story: “I have no prospects in life, how can I dream about something beautiful—I have no time to study.” But in a few moments you can see that this man is really pitzing that he has wonderful conceptions and thoughts, and really can project his thoughts and his conceptions into space.

Every thought is recorded in space. So the chief thing is to create in thought—to be real co-operators in this beautiful creation of the whole universe. Because in this task of creation we will reflect the best creative powers and we will then be real co-operators and co-workers toward the Supreme.

How can we introduce this spirit here? To do this in a vital way, we have to realize the power of thought. We speak often about will-power, but very seldom do we employ this power. We speak about telepathy and we think it is something very difficult and supernatural—phenomenal; but there are no phenomena, and there is no occultism.

To children, even the telephone is a most occult thing. But when you know how energy is employed, you know that there is nothing extraordinary involved. We should introduce these possibilities into our lives.

In Asia, they speak about Agya Yaga, the Teaching of Fire. Is it something supernatural? No. They are explaining how to use this element of Fire—the flame of light—this all-embracing element. And you will be told that very soon the sun, the fire of the land. You will hear it in a quite scientific way, and then you will remember that Professor Millikan discovered the cosmic ray, and is about to discover the keenest application of that ray.

“LEGEND”—Painting by Nicholas Roerich.
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**TELEGRAM**

A BUSINESS FEUD (Continued from page 31)

Victim of schemers did not triumph as thoroughly as he has, but is certainly heartening to know that in my case the schemers received almost a biblical measure of retribution.

As for me, I do not feel the slightest bit of resentment now. I regard those "mercy"-simply as chaps-who, in the game of life, who, by attempting to checkmate me, were themselves relegated to the rear. I sharpened my whip on them and met their valiant to strike me with one. I am firmly convinced that opposition and impending disaster frequently draw maritiness out of man who did not know he possessed it and feel inclined to deform him from trouble and from calamities, I wonder whether this is not a complete mistake. Thorowmature it seems, how opposition develops qualities, and I doubt whether his worst is an exception. Even the very name I have read, I think, is a significant name, which I now stand far above them.

The Beautiful Victory (Continued from page 39)

know the joy of work; then we need no conventional holidays. We celebrate in labor, with the clearest conception, and with the best thought. And we are not tired, becoming. We shall be enthusiastic, we shall keep our enthusiasm. We shall not sleep too much, because we shall not need to sleep much. When we are at ease, when we are not thinking, then we are not right, and everything bad happens. But if you are producing any work for the quality of the work, in this creative enthusiasm, you are strong and immortal; this feeling of the immortal is the greatest aspect of the Beautiful. We shall repeat that impersonally, the greatest aspect of the Beautiful. Then we can understand that "It is isolated," and that "It is something strong."

But I have a broader conception of the Teacher. It is not a feeling of slavery; on the contrary, it is a great feeling of cooperation. It is a chain of co-operators can be created. You know your Master; and some one considers you as his Master, there is a precious chain to the Supreme.

When we know the one Road of Ascend than many things are easy to us.