OUNDED on July 12th, 1928, the Himalayan Research Institute reached in 1929-1930 its first creative year of research activity. The beginning of this year was necessarily taken up by organization work and preparations for the field programme of the summer of 1930. The fundamental aims of the Institute were outlined by the writer of the present Report in two pamphlets, which were printed by order of the Trustees of the Roerich Museum.

The Institute is an immediate outcome of the Roerich Central Asiatic Expedition, which toured under the leadership of Professor N. de Roerich the countries of the Middle East. The Founders of the Institute realized the urgent necessity of building up a permanent institution for the scientific study of this most interesting region of Asia. With the growing demand for specialization, it has become impossible for one man to cover the whole ground and to face all the innumerable problems which present themselves to the explorer. A new type of expedition organization answering the requirements of modern research has long been a necessity. This new type of expedition tends to enlist a group of specialists, each in charge of his own field of research; moreover, it tends to develop into a moving research station—that is, bodies of scientists spending considerable time in one region, and establishing research bases at various points within the region. This new type of expedition facilitates the accumulation of exact data on the country and provides the scientific workers with a unique opportunity to test and verify their results. It is to encourage and carry out this new aspect of scientific research in Asia, that the Roerich Museum founded the Himalayan Research Institute, which proposes to conduct original scientific research in the countries of the Middle East that still remain an unexplored field for scientists.

The study of the Middle East is the Institute's primary aim, but we can safely add that "the bounds of its investigation will be the geographical limits of Asia, and within these limits its inquiries will be extended to whatever is performed by Man and produced by Nature," the significant words pronounced by Sir William Jones in founding the Asiatic Society of Bengal in 1784. Under the term "Middle East" we understand India and the whole of that desert and mountainous part of Asia stretching from the plateau of Irán in the West to the borders of China proper in the East, and including Chinese and Russian Turkestan, Mongolia and Tibet. Of course, much of this vast territory is now closed for scientific work, but it is
hoped that a more enlightened period may soon dawn on the Heart of Asia, bringing with it a new possibility for scientific research.

The present headquarters of the Institute are situated on land donated for this purpose by Professor Nicholas de Roerich, at Naggar in the Kulu Valley, Western Himalayas.

The Institute is supported by an annual grant from the Roerich Museum, New York, and by voluntary donations.

The Himalayan Research Institute includes the following departments:
A. Dept. of Archaeology, related sciences and arts.
B. Dept. of Natural Sciences and applied research.
C. Research Library.
D. Museum to house the collections of the Institute. We shall record here the different activities of the Institute according to the various departments.

Department of Archaeology, Related Sciences and Arts.

During the winter months of 1929-30 the Director conducted a series of lectures in the United States on the Roerich Central Asiatic Expedition, Tibet and Mongolia. During this period active steps were taken to organize the activities of the Institute. Simultaneously with the fortieth anniversary of Professor de Roerich's activities in the field of art and culture, on the 17th of October, there was opened, in collaboration with the International Art Center of the Roerich Museum, an exhibition of the Tibetan collection brought back by the Roerich Central Asiatic Expedition. A descriptive catalogue of the exhibition was issued, with a preface by Dr. Christian Brinton, and an Introduction by the Director. The exhibition was on display throughout November and December, and several talks on Tibetan art were delivered by the Director.

A significant development was achieved when the Archaeological Institute of America, represented by its President, Dr. Ralph V. D. Magoffin, and the Himalayan Research Institute agreed to mutually support their undertakings in the field of archaeology in the region of the Middle East. Professor de Roerich was elected Vice-President of the Archaeological Institute, and Dr. Magoffin, an Honorary Advisor of the Roerich Museum (Division of Science). Valuable contacts were made with the School of American Archaeology, whose Director, Dr. Edgar Hewett, is a Vice-President of the Himalayan Research Institute and Honorary Advisor of the Roerich Museum. It is hoped that scientific cooperation between the newly-established School of Pacific Research and our Institute will open new avenues of scientific research.

On the twenty-ninth of March, a farewell reception was arranged, and addresses were delivered by Professor Nicholas de Roerich, Dr. R. V. D. Magoffin and Miss Frances R. Grant. After the speeches a film, "Silver Valley," was shown to the audience. This film was taken by Mr. S. N. Roerich during his sojourn in Kulu in 1929.
facilitate the stay of the Institute's representatives in the Colony. During this visit to Pondicherry enthusiastic support was received from Professor G. Jouveau-Dubreuil, author of many remarkable works on the history and archaeology of Southern India, and the Rev. Faucheux, a noted archaeologist; both scholars joined the Himalayan Research Institute in the capacity of corresponding members. The Director and Professor Jouveau-Dubreuil outlined plans for an archaeological exploration of South Indian prehistoric sites. Rev. Faucheux very kindly assisted and guided the Institute's representatives in the exploration of several prehistoric burial grounds and urn-fields found in the environs of Pondicherry. The rich urn-fields of the vicinity of Pondicherry were carefully and scientifically explored by the Rev. Faucheux and Colonel Lafitte, of the French Medical Service in Pondicherry. Several thousand urns and clay sarcophagi were excavated, and the rich collection of iron implements, pottery and important human skeletal remains has now been sent to Paris for a careful study by specialists. The priority of publication belongs to Colonel Lafitte and the Rev. Faucheux, and we therefore give here only a brief account of the executed explorations.

The first site to be examined was that of Pakkamodiampeth on the Madras Road, some six miles from Pondicherry. This site represents a plateau of argilliferous sandstone cut by several small canyons, due to the frequent flooding of the site and heavy rains. The water drains have uncovered numerous urns, showing that the site must have been an urn-field. The finds consist of pottery, crude stone celts, hammer stones, hand-axes and flints with traces of chipping. Most of the stone implements were found at the bottom of water drains, having been carried down from the higher levels on which the urn-field was situated. The site was carefully explored by Rev. Faucheux, who possesses a good collection of stone implements and pottery.

The next exploration was made in a large urn-field situated about eight miles from Pondicherry, on the road to the Grand Etang. This important urn-field, which contains both urn burials and clay sarcophagi, was carefully excavated by Colonel Lafitte and Rev. Faucheux. During Professor de Roerich's and the Director's stay in Pondicherry, a visit was paid to this important site and an untouched urn burial was excavated. The excavation yielded several well-preserved specimens of earthenware, fragments of daggers and the well-preserved iron blade of a sword, placed outside the urn. Besides the above mentioned finds, the examination of the argilliferous sand found in the urn revealed fragments of a human skull, well-preserved molar teeth, and fragments of femur.

The whole excavation was carefully recorded and the finds are now preserved in the Museum at the Institute's Headquarters in Kulu. Besides this excavation, a sarcophagus was opened, and this last excavation yielded some fragments of pottery and a flat iron celt, placed outside the sarcophagus. Analogous urn-fields and clay sarcophagi have been discovered in various places in North and South Arcot. It is as yet difficult to assign a date to these Pondicherry finds. The local Hindu
population continued to bury their dead until a comparatively recent period, but the character of the Pondicherry urn-fields and the presence of stone implements make it highly possible to assign these sites to an earlier period. The study of Colonel Lafitte’s collection will no doubt remove the present difficulty of assigning a date. The Director has to thank the Rev. Faucheux for his kind permission to examine his collection and his rich photographic material of the excavations.

On the 11th of December, Professor de Roerich, Dr. Lozina and the Director reached Naggar, Kulu. During the Director’s absence, Mme. Helena de Roerich, Honorary President-Founder, and Miss E. J. Lichtmann, Member of the Board of Trustees of the Roerich Museum, had very kindly supervised the administrative activities of the Institute. A severe illness unfortunately prevented Mme. de Roerich from taking a more active part in the work. We take this opportunity to express to them both our sincere appreciation.

In December 1930, Col. A. E. Mahon, D.S.O., joined the Staff of the Institute.

Department of Natural Sciences and Applied Research

The Head of the Biological and Botanical Section of this Department, Dr. Walter Norman Koels of the University of Michigan, arrived at the Headquarters on the 28th day of May, 1930, and at once proceeded with the botanical exploration of the alpine flora of the Kulu Valley. On July 10th, Dr. W. Koels left for Lahul across the Rothang Pass. His explorations are described in the following brief report:

"In the middle of July collecting was begun across the Rothang Pass in Lahul District and this work has proceeded through the summer. The Lahul District has been covered from Jupa on the one side to and across the Chamba border, and to the Rothang Pass. Explorations have been made not only in the river bottoms but also on the slopes up to the perpetual snows. The botanical collection now comprises some 10,000 numbers, representing over 1300 specimens. It is believed that 90% of the Lahul flora is included in this collection. Range extension of known species will undoubtedly be revealed by analysis of this material and it is probable that new forms will be discovered.

"The specimens form a basis for the study of the ethnobotany of the region. Wherever possible, information has been gathered regarding native uses of plants and a surprisingly large percentage is used as food, flavoring, medicine and ornament. Particular stress has been given to the acquisition not only of an herbarium of the medicinal plants (these are known only by Tibetan names) but also specimens of as many as possible have been gathered so that they will be available for future experimental uses. Information about the medicinal herbs is in the possession for the most part of a few initiated lamas. Every effort has been made and with considerable success, to secure their cooperation in the study of the Tibetan medicines. Their naming of the plants is of course indispensable. The various men have been separately consulted and the information from the several sources compared.

Lama Dances at Gundla, Lahul
In addition to the plant collections, a good collection comprising at present some 300 specimens, has been made of the local birds. This number, it is expected, will be raised to 1000 during the year. It will contain many rare specimens and some completely new. Minor collections have also been made of the mammals, reptiles and insects. It will be possible to distribute to foreign institutions at least three complete sets of herbarium material. There will also be a number of incomplete sets available for gift or exchange, besides many specimens of zoological material. It should also be mentioned that seeds of interesting alpine plants will be sent to interested collectors abroad, among them seeds of some species that will certainly be found to be valuable additions to the flowers now cultivated.

In view of the fact that the study of the medicinal uses of the plants is so important a part of our work, it is suggested that next year collections be made in Spiti and Ladakh.

The study of the plants from the various aspects: plant ecology, phytogeography, ethnobotany, affords a field of tremendous possibilities. It is much to be hoped not only that the present studies can be continued, but that their scope can be expanded.

The following botanical collections have been forwarded:

1. To the University Herbarium, University of Michigan, about 3000 numbers, representing about 1500 specimens. Also an entomological collection.
2. To the New York Botanical Garden, New York, about 3000 plants, representing about 1500 specimens. Also a collection of seeds.
4. To the Bureau of Foreign Seed and Plant Introduction, Department of Agriculture, Washington, D. C., a collection of seeds.

Dr. E. D. Merrill, Director-in-Chief of the New York Botanical Garden, very kindly agreed to supervise personally the identification of the plants of the collection. The collection donated to the University Herbarium, University of Michigan, will be identified by Professor H. H. Bartlett.

A complete herbarium of the local flora has been set up at the Headquarters.

On his return from Lahul on October 1st, Dr. Koelz continued his exploration of the 8,000-12,000 foot altitudes in the Kulu Valley, and on the 5th of November left for an extensive trip to Rampur Bashahr and the Upper Sutlej Valley, from which he returned to the Headquarters on the 31st of December.

Dr. W. Koelz's report on the biological survey of the Sutlej Valley in Rampur Bashahr is given in the following:

"The biological and botanical collector was absent from November 5th to December 31st, on an expedition to Rampur Bashahr. The expedition had as its object to survey the Sutlej Valley for future biological collecting and to secure specimens of certain big game animals of which a relatively large number of species occur in this province. Rampur Bashahr borders the districts of Kulu and Spiti.
on the one side and Tibet and Garhwal on the other, and opens onto the Punjab plains. It was to be expected therefore, that the flora and fauna would show interesting features. The expedition proceeded up the Sutlej from the city of Rampur to within a day's march of the Tibetan Pass, stopping to make collections at alternate stages: Sarahan, Taranda, Urni, Pang, Kanam and Poo. At Lipe, Shasu and Ropak extensive collections were made. On the return from Sarahan another route was followed that led across the Darughat Pass and opened onto the Sutlej below Rampur. Stops were made for collecting at Darughat, Joggri, Darkali and Noggri. The province shows most interesting and varied habitats. From the semi-arid lower stretches of less than 5,000 feet elevation one may proceed consecutively through the yellow pine, fir, holly-oak and neoza forests to the treeless plateau that adjoins Tibet. At this season most of the plants are dormant, but a few shrubs and trees below 8,000 feet elevation have the habit of blooming before the snow falls. Two species are particularly noteworthy because of their attractiveness: a cherry tree that grows to 30 feet in height and a densely shrubby Viburnum that grows to a height of 20 feet. Both are pink, the latter fragrant, and are so free-flowering that they arrest attention from afar.

"The valley is famous for the neoza, a little pine nut, indistinguishable in flavor or appearance from the American piñon, that grows in the upper stretches; it is gathered by the maund (82 lbs.) and carried on cowback for 100 miles to Rampur and thence sent to the Indian cities. The nuts are laboriously gathered by hand. It should also be mentioned that the apricot grows particularly well throughout the valley, but becomes progressively sweeter as the elevation increases. Above Jangi the fruit is so sweet that it can be eaten when dried, without sugar, and in the area above this point the dried fruit is an important article of food. The seeds of some sweet varieties are also edible. Apples and pears that have been planted in this upper area are of superior sweetness and flavor.

"Rampur Bashahr is rich in animal life. Particular attention was paid to the birds, and over 300 specimens, representing some 60 species new to the Institute's collections, were secured. Many species that range to the east reach their westward limit here and the study of the collection will undoubtedly show an extension of the known ranges of some species. There is also a variation in some species as the valley ascends and this field is especially fruitful for investigation. One of the main purposes of the expedition was to secure specimens of the napo, a curious Tibetan goat that enters India in this region. In addition to the napo (Ovis nahur), specimens of ibex, the huge mountain goat with immense horns over three feet long, the black and red bear, and the gorral were also obtained, making a total of eight big game, as well as a number of small fur-bearers: fox, marten, coyote, etc.

"There is also abundant material for the ethnographer in the valley. Here Hindu and Tibetan peoples have met and the product is a culture that is peculiar to the district. Languages, folklore and customs vary not only in this valley, but..."
are unlike the languages and lore of adjoining valleys where, too, the Hindu and Tibetan have mixed. Six dialects are spoken from Rampur to Poo, the outpost of the Tibetan language. They are roughly grouped as follows: (1) lower valley and Sarahan, (2) above Sarahan to Taranda, (3) above Taranda to Kanam, (4) above Kanam to Ropak, (5) above Ropak to Poo, (6) the dialect of the blacksmiths.

"It is strongly recommended that further research should be continued in the Upper Sutlej Valley. The results will not only be extraordinarily rich and interesting in themselves, but will also supplement by comparison and contrast the findings in the adjoining districts in which intensive researches are already under way."

The above extensive explorations of Dr. W. Koelz were assisted through the munificence of Mrs. Henry Ittleson, Chairman of the Patrons' Committee of the Institute, Miss Theodora Palmer, Miss Virginia Palmer, Mrs. Laurette Schinasi and Mrs. Franklin S. Terry. To all these friends of the Institute, we extend here our sincerest gratitude. In the summer of 1931 Dr. Koelz plans an extensive expedition for botanical and zoological research in Ladak; permission for such an expedition has been received from the authorities. The purpose of this new expedition will be to investigate the flora and fauna of Western Tibet and its plateaus of high altitude.

During his stay in New York (winter, 1929-30) the Director had interviews with prominent scientists and scientific institutions in the United States, with the view of fostering and developing the activities of this Department. Mr. V. A. Pertzoff, M.A., Corresponding Member of the Himalayan Research Institute, and the Director outlined detailed plans for the erection and equipment of the Biochemical Laboratory at the Headquarters in Kulu. This Laboratory will be the center of the medical research of the Institute. It is the Institute's aim to record and study the rapidly vanishing medical knowledge of the local medicine men, and to experiment on medical herbs, for which purpose the Kulu Valley affords special possibilities. Particular attention will be paid to Tibetan pharmacopoeia and it is planned to publish translations with adequate commentaries from Tibetan medical works. At present this Department of the Institute's work is in charge of Dr. C. C. Lozina, Medical Advisor to the Institute. An extensive collection of medical herbs was gathered by Dr. Koelz in Lahul and is now being studied and enlarged upon by Dr. Lozina, with the help of native medicine men. All the information collected is carefully catalogued and it is hoped thus to establish a complete inventory of the local pharmacological knowledge.

Michigan University has offered the use of their clinic at Ann Arbor for experimentation and application of the results of the medical research at the Headquarters of the Institute in Kulu. Extracts from collected medicinal plants are being prepared by Mr. V. Shibayeff, Secretary of the Institute, and are being sent to Dr. Felix Lukin and V. A. Pertzoff, M. A., both Corresponding Members of the Himalayan Research Institute, for experimentation.

The great humanitarian possibilities and momentous interest of this line of
research of the Institute are clearly evident to anyone who had the chance of surveying the vast and virgin field presented by the Himalayan highlands. The Institute plans also to undertake research in the field of cancer, for we have reason to believe that new, potent cures can be found in this vast and unexplored domain. It is of utmost importance to begin building the Bio-chemical Laboratory of the Institute, and the Institute's staff will spare no efforts to bring this project nearer to realization.

Research Library.

From the very beginning great attention was paid to the Library of the Institute, for it was felt of primary importance to equip the Institute with an extensive Research Library. The Library collects books, pamphlets and manuscripts in the various fields of art and science and will in the future issue monthly lists of Indian and Western scientific publications. It is expected to build up the Library through grants of books and book exchanges with leading scientific institutions and publishers.

During the period 1929-30 the Library of the Institute received grants of books from the following: Carnegie Institution, Washington, D. C.; Professor Nicholas de Roerich; Dr. Felix Lukin; Dr. W. N. Boldyreff, Director of the Pavlov Institute of the Battle Creek Sanitarium, Michigan; the Rockefeller Foundation (through Dr. Homer Swift); Commandant C. J. Cauvet; Prof. H. H. Bartlett, University of Michigan and Dr. Georges de Roerich.

During the past period the Institute established an exchange of publications with the following institutions:

In the United States: Carnegie Institution, Washington, D. C.; Smithsonian Institution, Washington, D. C.; Harvard University; Yale University; Iowa University; Michigan University; Pittsburgh University; Indiana University; Minnesota University; Oregon University; Field Museum of Natural History, Chicago; Chicago Oriental Institute; the Metropolitan Museum of Arts; the American Geographical Society; the Nature Association, Washington, D. C.

In Europe: Le Musée d'Histoire Naturelle, Paris; the School of Oriental Studies, London.

The Institute publishes a yearly Journal of its activities in which each department has its section. In addition to the Journal the Institute will, from time to time, publish works of outstanding importance by Honorary Advisors and Members of the Institute. Lengthy articles will be published as separate monographs. The Tibetan studies of the Institute will be embodied in a series Tibetica, dedicated to the study of Tibetan antiquity and related subjects. The first volume of this series is now in preparation.

In view of the great interest aroused by archaeological explorations and the importance of scientific methods in carrying out excavations, the Institute decided to publish in its Journal a series of articles on archaeological methods, written by eminent specialists. It is hoped to bring out a manual of archaeological excavations.
treating the different aspects of archaeology in the countries of the East. The first number of the Journal contains articles by Dr. Ralph Magoffin, President of the Archaeological Institute of America, and Count du Mesnil du Buisson on archaeological methods applied in his excavations in Syria.

During his stay in New York, the Director reconstructed a Tibetan Library and placed in it the complete collection of the Narthang Kāñjūr and Tānījūr, brought back by the Roerich Central Asiatic Expedition. This is the first Tibetan Library to be reconstructed outside Tibet and is now on view in the Hall of the East, at Roerich Museum. The Tibetan collection on display forms a part of the Institute’s Library.

The following publications were prepared and issued in connection with the Institute:


G. de Roerich: Trails to Inmost Asia (a detailed account of the Roerich Central Asiatic Expedition) to be published by the Yale University Press, U. S. A. A French translation is being prepared by Mme. de Vaux-Phalipau, President of the French Roerich Society and Member of the Ethnographic Society of Paris, and will be published in the course of 1931.

G. de Roerich: Animal Style Among the Nomad Tribes of North Tibet, Seminarium Kondakovianum, Prague, 1931.


In preparation:

G. de Roerich: Comparative Grammar of Colloquial Tibetan. This volume will be published as Volume I of the series Tibetica, dedicated to the studies of Tibetan antiquity and related subjects.

Mr. V. A. Shibayeff, Secretary of the Institute, has been very active in furnishing the Museum with appropriate glass cases and herbariaums. At present the Museum at Naggar is well-equipped with the necessary furniture, and houses the large ornithological collection gathered by Dr. W. Koels during his trips to Lahul, Kulu Valley, and the Sutlej Valley; the herbarium; and a collection of medicinal plants. Geological and archaeological collections have also been started. All the above collections are being enlarged continuously.

We have to acknowledge with thanks the gift of a projecting lantern and screen—the gift of Mrs. Horch, Miss Lichtmann and Mr. Shibayeff; also a glass case, the gift of Mr. Shibayeff.
In New York the collection of the Institute’s Museum was enriched by the Roerich Central Asiatic Expedition’s collection of Tibetan banners and sculpture; also by an entomological collection and a mineralogical collection.

A collection of thirty-six lantern slides on Kulu and on the activities of the Institute has been prepared and presented by Mr. Shibayeff to the New York offices of the Institute.

A representative collection of Himalayan flora and fauna will be exhibited in the New York premises of the Institute. It is hoped that this project will be realized in the course of the next year.

Activities in New York.

The activities in New York, since the Director’s departure, have been supervised by Mr. Louis L. Horch, President of the Roerich Museum, and Mrs. S. G. Lichtmann, Vice-President of the Master Institute of the Roerich Museum. The office has been in charge of Miss Kathryn Linden.

Mr. Louis L. Horch has moreover very kindly agreed to supervise a financial campaign for the benefit of the Institute.

On the 15th of October the Himalayan Research Institute arranged a lecture by Professor N. Zavadsky, of the Pasteur Laboratory of the Curie Institute, Paris, on “The Biological Bases of a New Conception of Life.”

On December 15th, Mrs. L. L. Horch, President of the Roerich Society, delivered a lecture on “The Valley of the Gods.” The lecture was illustrated with motion pictures and slides. Mrs. Horch has made recently a prolonged sojourn in the Kulu Valley.

Extensive preparations are being made for a further development of the Institute’s activities for the coming year, 1931.

THE DIRECTOR.